

PATIENT-CENTERED PRIMARY CARE

Transformation to a better
state of health

Anthem[®]
National Accounts





OUT OF \$3 TRILLION THE U.S. SPENDS
ANNUALLY ON HEALTH CARE,

**\$750 BILLION
IS WASTED.¹**

We rank last or
next-to-last in
quality, access,
efficiency and
equity.²

1 Institute of Medicine of the National Academies,
September 2012 Report; Best Care at Lower Cost: The
Path to Continuously Learning Health Care in America.
2 The Commonwealth Fund, June 2010.

With patient-centered primary care,
**We're changing health care
from the ground up.**

BEGINNING WITH:

Improved Access
Payment Innovation
Information Sharing
Coordinated Care



IMPROVED ACCESS

Connecting employees to more effective health care—anytime, anywhere.

Care teams

24/7 access to care

Retail clinics

Online technology and e-visits

**Resources for chronic-disease
management, prevention
and wellness**



PAYMENT INNOVATION

We're changing the way physicians are paid —
Reinforcing value over volume-based care and
Rewarding improved quality at reduced cost.

Clinical Coordination fees compensate providers for preparing care plans for patients with multiple and complex chronic conditions.

Once providers achieve established quality standards, they are eligible for additional shared savings.

This adds up to a significant and highly motivating increase in take-home pay.



INFORMATION SHARING

Transparency for cost comparisons and analytics.

Risk stratification

Identifying gaps in care

Avoidable ER use

Brand vs. prescription drugs

Interpretive guidance

COORDINATED CARE

Managing quality health care for every employee and their family.



ANTHEM PROVIDES PRIMARY-CARE PHYSICIANS WITH:

Tools to support personalized care plans and wellness programs

Virtual care managers who work as an extension of the practice

Access to more complete medical history information on their patients

PROVING IT—AGAIN AND AGAIN.

Pilot programs deliver lower costs while improving health across the country.

18% FEWER
HOSPITAL ADMISSIONS
15% FEWER
ER VISITS,
IMPROVEMENT IN ALL
DIABETES MEASURES

COLORADO
PCMH

3.6% FEWER
HOSPITAL ADMISSIONS
6.1% FEWER
ER VISITS,
IMPROVEMENT IN ALL
DIABETES MEASURES

NEW
HAMPSHIRE
PCMH

12-23% FEWER
HOSPITAL ADMISSIONS
11-17% FEWER
ER VISITS

NEW
YORK
PCMH

5.81% FEWER
HOSPITAL ADMISSIONS
10.6-18% FEWER
ER VISITS

DARTMOUTH-
HITCHCOCK
ACO

TRANSFORMATION

Making change a reality through value-based contracting.



INCENTIVES

payments based on quality of care, not quantity

TRANSPARENCY

actionable information on costs and effectiveness

SUPPORT

clinical reinforcement for care coordination



CHANGE IS GOOD.
CHANGE IS HERE.

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